



January 2026 Newsletter from R. F. Meyer & Associates Attorneys at Law



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January 2026 newsletter breaks down Medicare increases, Medicaid long- term benefits, and LTCI deductions

Welcome to R. F. Meyer & Associates' January 2026 client newsletter. Our three articles this month cover higher Medicare costs in 2026, Medicaid long-term care benefits when you are married, and how much of your Long-Term Care Insurance premiums are deductible this year.

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How higher Medicare costs will affect older adults in 2026

At a time when we are frequently confronting the rising cost of living, Medicare enrollees will soon see a rise in their premiums and deductibles. In mid-November 2025, the Center...

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2026 Medicaid long-term care benefits when you are married

Most Americans aged 65 and older will need some form of long-term care in their later years. The cost of such care has been steadily increasing. In 2024, the average monthly cost...

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New long-term care insurance premium deductions for 2026

According to U.S. Census Bureau estimates, the number of Americans age 65 and older will increase to 82 million seniors by 2050. As the population of older adults in the United St...

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