



November 2025 Newsletter from R. F. Meyer & Associates Attorneys at Law



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November 2025 newsletter: Social Security, senior housing and nursing home developments

Welcome to the November 2025 e-newsletter from R. F. Meyer & Associates. Our three articles for you this month cover three important topics: The 2026 Social Security COLA, senior housing, and private equity firms gobbling up nursing home properties.

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2.8 percent COLA increase for 2026 Social Security benefits

On Oct. 24, 2025, the Social Security Administration (SSA) announced that Social Security beneficiaries will receive a 2.8 percent cost-of-living adjustment (COLA) in 2026. This...

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Affordable housing is getting scarce for older adults

In a recent webinar about the status of federal housing assistance for older adults in the United States, nonprofit organizations Justice in Aging and the National Low Income Hou...

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Private equity and nursing homes: What families need to know

In recent years, private equity (PE) firms have been buying more nursing homes and companies that own nursing homes. What seems at first like a simple shift in ownership can have...

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