



December 2023 Newsletter from R. F. Meyer & Associates Attorneys at Law



Richard F. Meyer

December 2023 newsletter presents three informational articles

Welcome to **R. F. Meyer & Associates'** December 2023 e-newsletter.

With an eye to the holidays ahead, we review a few informational articles that may be of interest.

[READ MORE](#)

PACE program helps seniors remain at home

Most seniors want to be able to stay at home as long as they can instead of moving into a nursing home. The PACE program provides care and services to some nursing home-eligible seniors to enable them to remain in their home longer.

[READ MORE](#)



Is an Independent Living Facility right for me?

An independent living facility is a housing arrangement that caters to older people, usually aged 55 and older. Some people may refer to these facilities as 55-and-over communities, active adult communities, or retirement communities.

[READ MORE](#)

Can Over-the-Counter hearing aids prevent dementia?

For older adults experiencing hearing difficulties, over-the-counter hearing aids could improve quality of life, preserve social connectedness, and prevent cognitive decline.

[READ MORE](#)

