



November 2023 Newsletter from R. F. Meyer & Associates Attorneys at Law



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November 2023 newsletter looks ahead to 2024 benefit program changes

Welcome to **R. F. Meyer & Associates'** November 2023 e-newsletter. As we prepare to celebrate Thanksgiving later this month, this month's articles look ahead to government program benefit changes coming in 2024.

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SNAP benefits for older adults with limited income

If you are a senior on a fixed income, you may worry that you will not have the money to fill your fridge. The Supplemental Nutrition Assistance Program (SNAP) exists to help people make ends meet.

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Medicare Part B premiums, deductibles going back up

In 2023, seniors were happy to see their Medicare Part B standard monthly premiums and annual deductibles go down for the first time in more than a decade. Unfortunately, that will not be the case for 2024.

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What will your 2024 Social Security benefits look like?

In 2023, recipients of Social Security benefits saw the biggest increase in decades in their monthly checks. Although payouts again will rise again in 2024, the cost-of-living adjustment will be considerably more modest.

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