



## December 2022 Newsletter from R. F. Meyer & Associates Attorneys at Law



**Richard F. Meyer**

### December 2022 edition delivers news as we anticipate the holidays

Welcome to  
**R. F. Meyer & Associates'**  
December 2022 newsletter. As  
we look forward with good  
cheer to the holidays ahead,  
again this month we have  
Elder Law and Estate Planning  
news to share.

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### After a dementia diagnosis: Preparing for the future

Fortunately, receiving a  
diagnosis of dementia or  
Alzheimer's does not mean that  
you cannot execute legal  
documents or make decisions  
about plans for your future  
finances and health care.

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### Getting Medicare food benefits

Although original Medicare  
does not offer food benefits,  
some Medicare Advantage  
plans provide a grocery  
allowance or cover meal  
delivery.

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### Pros and cons of a Medicaid Asset Protection Trust

A MAPT is one option a person  
may use to protect their assets  
from Medicaid and nursing  
homes or long-term care.  
Consider some pros and cons  
of MAPTs to see if this long-  
term care strategy is right for  
you.

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